
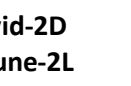



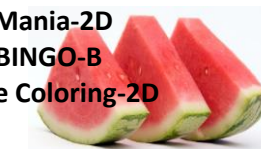








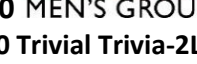
























SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p>Don't forget to sign up in the sign-up binder for outings, events and SCHEDULED transportation rides.</p> <p>Please check the daily post in the elevator or living room for UPDATED/changes of activities.</p> <p>*Activities are subject to change.</p>	<p>Happy Birthday!</p> <table border="0"> <tr> <td> <p>Marlene S. 8/2</p> <p>Karin M. 8/2</p> <p>Debra B. 8/2</p> <p>Raul D. 8/4</p> <p>David M. 8/14</p> <p>Lili (Staff) 8/23</p> </td> <td> <p>Olga M. 8/28</p> <p>Ramon E. 8/29</p> <p>Albert L. 8/29</p> <p>Jerry W. 8/29</p> <p>Sterling (Staff) 8/31</p> </td> </tr> </table>		<p>Marlene S. 8/2</p> <p>Karin M. 8/2</p> <p>Debra B. 8/2</p> <p>Raul D. 8/4</p> <p>David M. 8/14</p> <p>Lili (Staff) 8/23</p>	<p>Olga M. 8/28</p> <p>Ramon E. 8/29</p> <p>Albert L. 8/29</p> <p>Jerry W. 8/29</p> <p>Sterling (Staff) 8/31</p>	<p>Location Keys:</p> <p>B-Bistro LB-Lobby</p> <p>S-Salon C-Courtyard</p> <p>LR-1st Floor Living Room</p> <p>DR-1st Floor Dining Room</p> <p>2L-2nd Floor Living Room</p> <p>2D-2nd Floor Dining Room</p> <p>CP-Carmichael Park</p> <p>TBA-To Be Announced</p>	<p>National Girlfriends Day 1</p> <p>9:30-10:30 Errands & Bank-LB</p> <p>11:00 Lunch Bunch @ Olive Garden-LB </p> <p>1:00 Banana Splits-B </p> <p>2:00 Meditation w/David-2D</p> <p>3:00 Wii Wheel of Fortune-2L</p> <p>4:45 Outing 2 Food Truck @ Carmichael Park-LB </p> <p>6:00 Creative Coloring-2D</p>	<p>Ice Cream Sandwich Day 2 </p> <p>10:00 Shopping @ Safeway & Rite-Aid or Bel-Air & Dollar Store-LB </p> <p>2:00 Trivial Trivia-2L</p> <p>3:00 HAPPY HOUR-B</p> <p>6:00 Night Cap Movie-2L</p>	<p>National Watermelon Day 3 </p> <p>10:00 Shopping @ Trader Joes & Discovery Shop-LB</p> <p>1:30 Puzzle-Mania-2D</p> <p>2:30 - 4:00 BINGO-B</p> <p>6:00 Creative Coloring-2D</p> <p><i>Walk 2 Concert in the Park</i></p> <p>6:30-8:30-Fryed Brothers Band (Country, Blues & Rock and Roll)</p>
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<p>National Chocolate Chip Cookie Day 4 </p> <p>10:00 Ride to Church-LB</p> <p>10:00 Biblical Exploration-2L</p> <p>2:00 Coffee & Tea Social-2D</p> <p>6:00 Popcorn & Movie-2L</p> <p>6:00 UNO of Fun (B)</p> <p>9AM-2PM Farmers Market @CP</p>	<p>Work Like A Dog Day 5 </p> <p>Doctor Appointment: 9:30 Earliest Depart Time 4 Appt</p> <p>11:00 Last Depart Time 4 Appt</p> <p>1:30 30Minute Flex & Stretch-2L</p> <p>2:30 Activity Chat w/Mai-2L </p> <p>2:30 Drumming with David-B</p> <p>6:00 Ladies Group-2L</p>	<p>WIGGLE YOUR TOES DAY 6 </p> <p>9:00-9:30 Blood Pressure Check With Alpha One-LR</p> <p>9:30 Morning Walk-LB</p> <p>10:30 Arts & Craft-2D</p> <p>1:30-3:30 Shopping @ Walmart</p> <p>2:30 - 4:00 Bingo (B)</p> <p>6:00 Jigsaw & Crosswords-2L</p>	<p>National Lighthouse Day 7 </p> <p>Doctor Appointment 9:30 Earliest Depart Time</p> <p>11:00 Last Appt. Depart Time</p> <p>11:15 Catholic Service-2L</p> <p>3:00 <i>An Aloha Affair with Alvin-Courtyard</i> </p> <p>6:00 Pinochle Night-2D</p> <p>6:00 Movie Nite-resident pick</p>	<p>National Girlfriends Day 8</p> <p>9:30-10:30 Errands & Bank-LB</p> <p>11:00 Lunch Bunch @ Blue Sky Chinese Restaurant-LB</p> <p>1:00 August Birthday Celebration-B </p> <p>2:00 Meditation w/David-2D</p> <p>3:00 Wii Wheel of Fortune-2L</p> <p>6:00 Creative Coloring-2D</p> <p>6:00 Chess Night (B)</p>	<p>Book Lover's Day 9 </p> <p>10:00 Shopping @ Walmart-LB</p> <p>1:00 MEN'S GROUP-2D </p> <p>2:00 Trivial Trivia-2L</p> <p>3:00 HAPPY HOUR-B</p> <p>6:00 Night Cap Movie-2L </p>	<p>National S'mores Day 10 </p> <p>10:00 Trip to Library or Grocery Outlet-LB</p> <p>1:30 Puzzle-Mania-2D</p> <p>2:30 - 4:00 BINGO (B)</p> <p>6:00 Creative Coloring-2D</p> <p><i>Walk 2 Concert in the Park</i></p> <p>6:30-8:30 Groove Thang (Groovy Tunes)</p>		
<p>Presidential Joke Day 11 </p> <p>10:00 Ride to Church-LB</p> <p>10:00 Biblical Exploration-2L</p> <p>2:00 Root Beer Floats-2D</p> <p>6:00 UNO of Fun-Bistro Room</p> <p>6:00 Popcorn & Movie-2L</p> <p>9AM-2PM Farmers Market @CP</p>	<p>Middle Child's Day 12</p> <p>9:30 DR. Appt Earliest Depart Time</p> <p>11:00 DR. Appt Last Depart Time</p> <p>1:00 Outing: Movie @ Century 16 Theatre-LB </p> <p>1:30 30Minute Flex & Stretch-2L</p> <p>2:30 Jeopardy Wii-2L</p> <p>2:30 Drumming with David (B)</p> <p>6:00 Ladies Group (2L)</p>	<p>Left Handers Day 13 </p> <p>9:30 Morning Walk-LB</p> <p>9:40 Shopping @ Walmart-LB</p> <p>10:30 Shopping @ Walmart-LB</p> <p>1:30 BINGO STORE Shopping-B</p> <p>2:30 - 4:00 Bingo (B)</p> <p>3:00 Name That Tune-2L</p> <p>6:00 Historical Documentary-2L</p>	<p>National Creamsicle Day 14 </p> <p>Doctor Appointment: 9:30 Earliest Depart Time</p> <p>11:00 Last Appt Depart Time</p> <p>11:15 Catholic Service (2L)</p> <p>1:30 30Min Movin'&Groovin'-2L</p> <p>2:30 Resident Chat & Chew-B</p> <p>6:00 Pinochle Night-2D</p> <p>6:00 Movie Nite-resident pick-2L</p>	<p>Relaxation Day 15 </p> <p>8:50-2:00 Red Hawk Casino-LB</p> <p>9:30-10:30 Errands/Bank (LB)</p> <p>11:00 Lunch Bunch @ Pit Stop Bar-BQ-LB</p> <p>1:00 Ice Cream Sundae-B</p> <p>2:00 Meditation w/David-2D</p> <p>3:00 Wii Wheel of Fortune-2L</p> <p>6:00 Creative Coloring-2D</p>	<p>Aloha Hawaii Day 16 </p> <p>10:00 Shopping @ Safeway & Rite-Aid or Bel-Air & Dollar Store-LB</p> <p>2:00 Trivial Trivia-2L</p> <p>3:00 HAPPY HOUR-B</p> <p>6:00 Night Cap Movie-2L </p>	<p>National Thrift Shop Day 17 </p> <p>10:00 Shopping @ WinCo-LB</p> <p>1:30 Puzzle-Mania-2D</p> <p>2:30 - 4:00 BINGO-B</p> <p>6:00 Creative Coloring-2D</p> <p><i>Walk 2 Concert in the Park</i></p> <p>6:30-8:30 John Skinner Band (Variety, Swing to Rock)</p>		
<p>World Daffodil Day 18 </p> <p>10:00 Ride to Church-LB</p> <p>10:00 Biblical Exploration-2L</p> <p>2:00 Coffee & Tea Social-2D</p> <p>6:00 Popcorn & Movie-2L</p> <p>6:00 UNO of Fun-Bistro room</p> <p>9AM-2PM Farmers Market @CP</p>	<p>National Potato Day 19 </p> <p>Doctor Appointment: 9:30 Earliest Depart Time-LB</p> <p>11:00 Last Depart Time</p> <p>1:30 30-Minute Flex & Stretch-2L</p> <p>2:30 Wii Jeopardy-2L</p> <p>2:30 Drumming with David (B)</p> <p>6:00 Ladies Group (2L)</p>	<p>National Radio Day 20 </p> <p>9:00-9:30 Blood Pressure Check With Alpha One-LR</p> <p>9:30 Morning Walk -LB</p> <p>10:30 Arts & Craft-2D</p> <p>2:30 - 4:00 Bingo (B)</p> <p>6:00 Jigsaw & Crosswords-2D</p>	<p>National Spumoni Day 21 </p> <p>Doctor Appointment: 9:30 Earliest Depart Time</p> <p>11:00 Last Appt Depart Time</p> <p>11:15 Catholic Service (2L)</p> <p>1:30 30Min Movin'&Groovin'-2L</p> <p>2:30 Chat & Chew (B)</p> <p>6:00 Pinochle Night-2D</p> <p>6:00 Movie Nite-resident pick-2L</p>	<p>Be an Angel Day 22</p> <p>9:30-10:30 Errands/Banks-LB</p> <p>11:00 Lunch Bunch @ Flaming Grill Cafe-LB</p> <p>1:00 Ice Cream Floats & Cones-B</p> <p>2:00 Meditation w/David-2D</p> <p>3:00 Wii Wheel of Fortune-2L</p> <p>6:00 Creative Coloring-2D</p>	<p>Ride the Wind Day 23 </p> <p>10:00 Shopping @ Walmart-LB</p> <p>1:00 MEN'S GROUP -2D</p> <p>2:00 Trivial Trivia-2L</p> <p>3:00 HAPPY HOUR-B</p> <p>6:00 Night Cap Movie-2L</p>	<p>Vesuvius Day 24 </p> <p>10:00 Trip to Library or Grocery Outlet-LB</p> <p>1:30 Puzzle-Mania-2D</p> <p>2:30 - 4:00 BINGO-B</p> <p>6:00 Creative Coloring-2D</p> <p><i>Walk 2 Concert in the Park</i></p> <p>6:30-8:30 Mumbo Gumbo (Genre Bending American)</p>		
<p>Kiss and Make Up Day 25 </p> <p>10:00 Ride to Church-LB</p> <p>10:00 Biblical Exploration-2L</p> <p>2:00 Root Beer Floats-2D</p> <p>6:00 Popcorn & Movie-2L</p> <p>6:00 UNO of Fun-Bistro room</p> <p>9AM-2PM Farmers Market @CP</p>	<p>National Dog Day 26 </p> <p>Doctor Appointment: 9:30 Earliest Depart Time-LB</p> <p>11:00 Last Depart Time-LB</p> <p>1:30 30Minute Flex & Stretch-2L</p> <p>2:30 Trivia: Jeopardy Wii-2L</p> <p>2:30 Drumming with David-B</p> <p>6:00 Ladies Group-2L</p>	<p>Global Forgiveness Day 27</p> <p>9:30 Morning Walk-LB</p> <p>10:30 Resident Home Recipe cooking-2D</p> <p>1:30 BINGO STORE Shopping-B</p> <p>2:30 - 4:00 Bingo-B</p> <p>3:00 Name That Movie-2L </p> <p>6:00 Historical Documentary-2L</p>	<p>Doctor Appointment: 28</p> <p>9:30 Earliest Depart Time</p> <p>11:00 Last Appt Depart Time</p> <p>11:15 Catholic Service (2L)</p> <p>1:30 30min Movin'&Groovin'-2L</p> <p>2:30 Chat & Chew-B</p> <p>6:00 Pinochle Night-2D</p> <p>6:00 Movie Nite-resident pick-2L</p>	<p>More Herbs, Less Salt Day 29 </p> <p>9:30-10:30 Errands/Bank-LB</p> <p>11:00 Lunch Bunch-LB</p> <p>1:00 Ice Cream Social-B</p> <p>2:00 Meditation w/David-2D</p> <p>3:00 Wii Wheel of Fortune-2L</p> <p>6:00 Creative Coloring (S)</p>	<p>Toasted Marshmallow Day 30 </p> <p>10:00 Shopping @ Safeway & Rite-Aid or Bel-Air & Dollar Store-LB</p> <p>2:00 Trivial Trivia-2L</p> <p>3:00 HAPPY HOUR-B</p> <p>6:00 Night Cap Movie-2L</p>	<p>National Trail Mix Day 31 </p> <p>10:00 Shopping @ WinCo-LB</p> <p>1:30 Puzzle-Mania-2D</p> <p>2:30 - 4:00 BINGO-B</p> <p>6:00 Creative Coloring-2D</p> <p><i>Walk 2 Concert in the Park</i></p> <p>6:30-8:30 Dave Russell Band (Uptempo, Cool yet HOT country Favorites)</p>		