

The Landing December 2018

AT CARMICHAEL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Keys: B-Bistro LB-Lobby LR-1st Floor Living Room DR-1st Floor Dining Room 2L-2nd Floor Living Room</p>	<p>Don't forget to sign up in the sign-up binder for outings, events and SCHEDULED transportation rides. Please check the daily post in the elevator or activity board by first floor dining room for the UPDATED daily activities.</p>			<p>For Salon Appointment please call TINA (916) 899-4023</p>		<p>9:30-11:30 Christmas Tree Decorating (B) 1:30 Work Out with Misti (LB) 2:30 – 4:00 BINGO (B) 6:00 Table Games (B)</p>
<p>National Fritters Day ²</p> <p>10:00 Ride to Church (LB) 10:00 Biblical Exploration (2L) 10:30-11:30 Xmas Tree Decorating (B) 2:00 Coffee & Tea Social (2D) 3:00 Biblical Exploration (2L) 6:00 Popcorn & Movie (2L)</p>	<p>Advent Day ³</p> <p>9:30 Doctor Appointment 11:00-4:00 Carmichael Village 1:30 30-Min Flex & Stretch (B) 2:00 Activity Chat with Mai (2L) 3:00 Christmas Tree Decorating (B) 6:00 Ladies' Group (2L)</p>	<p>National Cookie Day ⁴</p> <p>9:00-9:30 Blood Pressure Check (LR) 9:45 Shopping-Trader Joe's (LB) 1:00-2:15 Christmas Tree Decorating (Location-TBA) 2:30 – 4:00 Bingo (B) 6:00 Biblical Exploration (2L)</p>	<p>Repeal Day ⁵</p> <p>9:30 Doctor Appointment (LB) 11:00 Carmichael Village(LB) 2:30 Chat & Chew With Directors (B) 4:00 Return Carmichael Village 6:00 Movie Night (2L)</p>	<p>St. Nicholas Day ⁶</p> <p>9:30 Errands/Bank 11:00 Lunch Bunch (LB) 11:15 Catholic Service (2L) 2:30 Root beer Floats (C) 4:30 Tree Lighting @Carmichael Park-Live Music, arts & crafts, vendors, & food trucks!</p>	<p>National Pearl Harbor Remembrance Day ⁷</p> <p>11:00 Carmichael Village (LB) 2:00 30-Min Fitness (B) 3:00 Happy Hour (B) 4:30 Return Carmichael Village 6:00 Classic Movie Nite (2L)</p>	<p>9:30-11:30 Christmas Tree Decorating (B) 1:30 Work Out with Misti (LB) 2:30 – 4:00 BINGO (B) 6:00 Table Games (B)</p>
<p>Christmas Card Day ⁹</p> <p>10:00 Ride to Church (LB) 10:00 Biblical Exploration (2L) 1:30 Chautauqua Show "Black Tie" (LB) 3:00 Biblical Exploration (2L) 6:00 Popcorn & Movie (2L)</p>	<p>Human Rights Day ¹⁰</p> <p>9:30 Dr. Appointment (LB) 11:00-4:00 Carmichael Village 1:00-3:30 Xmas Shopping @Sunrise Mall Area (LB) 2:00 A Walk on the Rhythmic Path (B) 6:00 Ladies' Group (2L)</p>	<p>National Noodle Ring Day ¹¹</p> <p>9:45 Shopping at Super Walmart (LB) 2:30 – 4:00 Bingo (B) 6:00 Biblical Exploration (2L)</p>	<p>Poinsettia Day ¹²</p> <p>9:30 Dr. Appointment (LB) 11:00 Carmichael Village (LB) 2:30 Chat & Chew (B) 4:00 Return Carmichael Village 6:00 Movie Night (2L)</p>	<p>Ice Cream Day ¹³</p> <p>9:30 Errands/Bank (LB) 11:00 Lunch Bunch (LB) 11:15 Catholic Service (2L) 2:00 Birthday Celebration With Music, Cake & Ice Cream (B)</p>	<p>Roast Chestnuts Day ¹⁴</p> <p>11:00 Carmichael Village(LB) 1:00 Men's Group (2D) 2:00 30-Minute Fitness (B) 3:00 Happy Hour (B) 4:30 Return from Carmichael Village 6:00 Classic Movie Nite (2L)</p>	<p>National Lemon Cupcake Day ¹⁵</p> <p>9:30-11:30 Arts & Crafts: Xmas Ornament (B) 1:30 Work Out Session with Misti (LB) 2:30 – 4:00 BINGO (B) 6:00 Table Games (B)</p>
<p>National Chocolate Covered Anything Day ¹⁶</p> <p>10:00 Biblical Exploration (2L) 2:00 Coffee & Tea Social (2D) 3:00 Biblical Exploration (2L) 6:00 Popcorn & Movie (2L) 6:00 Holiday Scenic Tour (LB)</p>	<p>National Maple Syrup Day ¹⁷</p> <p>9:30 Doctor Appointment (LB) 11:00-4:00 Carmichael Village 1:30 30-Min Flex & Stretch (B) 2:00 A Walk on the Rhythmic Path (B) 2:00 Arts & Craft: Mask (2D) 6:00 Ladies' Group (2L)</p>	<p>Bake Cookies Day ¹⁸</p> <p>9:00-9:30 Blood Pressure Check (LR) 9:45 Shopping @ Safeway/Bel-Air (LB) 11:30-1:30 Christmas Dinner Party 2:30 – 4:00 Bingo (B) 6:00 Biblical Exploration (2L)</p>	<p>Oatmeal Muffin Day ¹⁹</p> <p>9:30 Dr. Appointment (LB) 11:00 Carmichael Village (LB) 2:30 Chat & Chew (B) 4:00 Return Carmichael Village 6:00 Holiday Scenic Tour (LB)</p>	<p>Go Caroling Day ²⁰</p> <p>9:30 Errands/Bank (LB) 11:00 Lunch Bunch (LB) 11:15 Catholic Service (2L) 2:30 Ice Cream Sundae (B) 6:00 Card Games (B)</p>	<p>Winter Solstice ²¹</p> <p>11:00-4:30 Carmichael Village 2:00 30-Minute Fitness (B) 3:00 Happy Hour with 6-String Daisy (B) 6:00 Classic Movie Nite (2L)</p>	<p>9:30 Shopping @ WinCo (LB) 1:30 Bingo Store (B) 2:30 – 4:00 BINGO (B) 6:00 Table Games (B)</p>
<p>Roots Day ²³</p> <p>10:00 Ride to Church (LB) 10:00 Biblical Exploration (2L) 2:00 Coffee & Tea Social (2D) 3:00 Biblical Exploration (2L) 6:00 Popcorn & Movie (2L)</p>	<p>National Eggnog Day ²⁴</p> <p>9:30 Dr. Appointment (LB) 11:00-4:00 Carmichael Village 1:00-4:30 Eggnog & Xmas Cookie Bake-Off (2D) 2:00 A Walk on the Rhythmic Path (B) 6:00 Ladies' Group (2L)</p>	<p>HO, HO, HO! Happy Holidays! ²⁵</p> <p>9:00 Disney Parks Christmas Day Parade (ABC) 1:00 Christmas Matinee (2L) 2:30 – 4:00 Bingo (B) 6:00 Biblical Exploration (2L) May You have a Holly Jolly Christmas!</p>	<p>Boxing Day ²⁶</p> <p>9:45 Shopping @ Safeway/Bel-Air(LB) 11:00 Carmichael Village (LB) 2:30 Chat & Chew (B) 4:00 Return Carmichael Village 6:00 Movie Night (2L)</p>	<p>Make Cut Out Snowflakes Day ²⁷</p> <p>9:30 Errands/Bank (LB) 11:00 Lunch Bunch (LB) 11:15 Catholic Service (2L) 2:30 Ice Cream Social (B) 6:00 Card Games (B)</p>	<p>Card Playing Day ²⁸</p> <p>11:00 Carmichael Village(LB) 2:00 30-Minute Fitness (B) 3:00 Happy Hour (B) 4:30 Return from Carmichael Village 6:00 Classic Movie Nite (2L)</p>	<p>Pepper Pot Day ²⁹</p> <p>9:30-11:30 Arts & Crafts Class: Mask (B) 1:30 Workout Session with Misti (LB) 2:30 – 4:00 BINGO (B) 6:00 Table Games (B)</p>
<p>Bacon Day ³⁰</p> <p>10:00 Ride to Church (LB) 10:00 Biblical Exploration (2L) 2:00 Coffee & Tea Social 3:00 Biblical Exploration (2L) 6:00 Popcorn & Movie (2L)</p>	<p>New Year's Eve Party ³¹</p> <p>9:30 Dr. Appointment (LB) 11:00-4:00 Carmichael Village 2:00 New Year's Eve Party (B) 6:00 Ladies' Group (2L) 7:00 NYE Countdown On CNN (LR, 2L)</p>					